

Howdy. Howdy, folks. And welcome to Moose podcast number 409.

Do I still get nervous?

I trust you folks are doing well this week. I appreciate you dropping on by. Given the old podcast a little love. Hey, speaking of, give me a little luck. I can't thank you folks enough for rallying behind the brand new drop of my new documentary there on me One Land of the Giants. It's just a simple look one week in the life of the Kodiak Brown Bears. But it's her. You know, I'm trying to dispel a lot of myths, trying to grab your heartstrings and tell you a little bit about our wild heritage that you might not have had the opportunity to see for yourself. I have received a number of questions. The most common is do I take folks up there and am I going soon? Yes, we I take people up there. I'll be quite honest, though, you have to share and kind of ask a few questions. It's not a trip for just anybody that might have the money. It takes a certain somebody. So once you get through that filtering system, then yeah, anybody can go and the next planned time is going to be the fall of 2025. But again, I thank you, folks, for your support of the documentary. The one question I bring out, am I going to do any more if God gives me a chance? And the ability and the. Yes, I certainly will bring you the trainer stories as they they tell it to me is something I love to do. So thank you guys ever so much. I appreciate the support. I want to thank my good friends. A Bedford camera Bedford's dot com. I tell you every week how they support me and you guys. And it's so true. It's what I love about Bedford's. Yeah, they have to make money, but, man, they're there. They are the most honest folks with some of the greatest service and inventory. I mean, they've got they've got the night sweats coming to the end of the summer, rebates for Nike. They've got some other brands, too, that have rebates that take care of all that stuff. And no matter what you buy from a single battery to photographers gloves to az6 hundred 40 lens, whatever it is. Even after the rebates, you're going to see that moose discount and you have to make sure you ask for the most discount You'll see it after you check out. So Bedford Scott, they have it all and they've got photo con coming up in October. My good friend Mike Missoula will be there. It's going to be a great one. So I don't know about photo con. Head to that website Bedford scam. Check it out. And of course, tell them Moose sent you. I got a number of questions that have come in in the last ten days, and I thought I would just answer them really quick. They weren't enough to make a podcast episode, but the one that came in, I'm not sure what triggered this, but I let people ask me, do I pre-record the podcast? Well, yeah, it's recorded. That's how you hear it, you know, on on the different Spotify, the website, things like that. So yeah, it's, it's prerecorded in a lot of them in that regards. But I think the question was more like, do I do it in advance? Most of the. Podcasts are recorded the night before. So Sunday night, like this one, some are done. Monday morning when I've been really pushed and I didn't get things done because that happens. Lot of things happen on the weekend that will just take precedence over doing the podcast and some are done even a week in advance. That happens where I'm going to be gone. I haven't missed a monday yet for anything other than holidays, and I don't you know, this is number 409 and I don't see me changing that. So, yeah, they are prerecorded. The reporter, but I had received the Z6 three yet. No, I have not. I might have said something like I had one on order. And if I said that, my apologies, that was a wrong word. I am looking for one to evaluate, to check out. As I've mentioned, the z63. The one sitting in a backup second moose backup. The Nikon Z9 is still my primary body. It's what I use vaster that time. My second body is the Z eight, so I'm not looking for either replacement for the Z eight nor a third body, but the z63 does have that 240 P native slow motion video that the Z nine and Z eight do not have. And for that reason I would really like to have my

hands on one have may well do so yet I've got some things coming up. I'm hoping that the photo gods are listening and that the z63 becomes available and then I can find out and answer your questions more. A couple of people ask about email set or email about settings. I don't have all the camera settings there. I've not shot with it, but we have questions and things like that. Hey, send in my way if I don't know the answer. I know the people do. So there you go. Some of you observant folks have noticed that I've been shooting with and been talking about the Z 100 to 400 and asked if I've added that to my camera bag. The the plan is that I will once we see where the end of the year is when it comes to the pluses and minuses in the old accounting book. But the plan is to have one. Yes, permanently in the locker. I've been I've got a long term loan of one. And if you look back, you'll see that when it first came out, I shot with I did a blog post and a video. It's a gorgeous lens. And at this, when it first came out, I did not see any photographic projects where that lens was needed to be in the gear locker. I have projects now. In fact, I'll be using it again tomorrow where the Z 100 or 400 has become a really important tool. So that hope that answers that question about that lens. I love it and it's I am actually bought it yet. I plan to though here kind of shortly. It's August. Wow. It's August already. All right. Do I still get nervous? I swear, Pete, I would love to know why people. What triggers people to ask these questions. What I've said, what's been said? Do I still get nervous? Oh, lordy, yeah. I get nervous till the moment I start talking, like on the podcast here, you know, I write down notes and of course the first challenge that I have to write them down to remember them, then to add the read my handwriting and three then then do the podcast. So yeah, I'm nervous. Am I nervous? The list is one person. That was a heck of a list. But yeah, I still get nervous. The crux of the questions was do I still get nervous when I'm out shooting for a client? That was the big thing. So to take a step by step. When I go out shooting, whether I'm grabbing the z9az, 640 C and I'm grabbing those who just walked the blind shoot to going out anywhere on location, either by driving or flying to take in folks out on a weeklong adventure. However you want, whatever list you want to compile the question Do I get nervous? The answer is yes. Now the vast majority of time. And there are exceptions, like everything else, the vast right time. As soon as the first words come out, when I'm doing a podcast or the first image appears on the screen when I'm doing a presentation. Or the very first second that I had the subject in the viewfinder. It's not till that second does the nerves settle down. So it takes a lot. Now, how do I manage being nervous? Okay, now, that's. That was a. That was part of it. So one of the first things I do is I don't say much. I get quiet. And that quietness is in large part because I'm filtering through things. I'm thinking, I'm everything. I'm so right now. As I see, I'll get all nervous. Just try to figure out how to say all this. So right now, I'm looking at two counters in my office and they are full of gear. I see there's batteries and chargers. There's gear popped out of housings. Some key missions. That's the gear goes in. Housings. I see microphones. I got my slider out. I mean, I've got it's all been out, been gathered for the last few days for work tomorrow a brand new project new client wanted been working on a kind of alluded to and being. I don't want to jinx myself. I'm going to talk about out loud till it actually happens. But. All of that prep. I do because I get nervous. And just after a couple, you know, last minute texts that I got just before recording the podcast. I see that now that I've got more gear out and ready to go than that's needed. That's okay. That security blanket of that extra gear kind of helps with the nerves. So when I go out to shoot that project, in this case, I'm driving to it and I pop the back of the truck and there's all that gear there. It once upon a time, seeing too much gear there made me

just rattle me and made me more nervous. So now I've gotten a little more selective, so I'm not as nervous. But I'm going to have and I've talked about this since the very beginning of of sharing what I do with you. Decades ago, I will have my bag of confidence. And that bag tomorrow is pretty limited. And then I've got my secondary bag of of camera gear, bodies and lenses. And then I have. A third bag, believe it or not. And then I have my first. Selection of support gear, tripods, heads, things like that. Then I have my second. And then I have in case I get the time, it can be really creative. My third, so I kind of broken up that gear that I take that by bag of confidence and all of the support items. And that also gives me a little bit of the ability to take a deep breath and perhaps not be so nervous, because I know that if things go to hell in a handbasket, which got hours down, that does happen. That that definitely does occur. Some things go down in such glorious flames that you're never going to hear about it from me because they went down in glorious flames. So the prep is just the way I help myself become a nervous, if that's even a word. So I've talked about in a number of podcasts how I do research. That's another way in which I try to calm my nerves and and not that I will ever have all the knowledge. I try to have as much relative knowledge. That I can obtain before I meet with that client or that subject. So then I can at least take my first step intelligently. And that's that's a big part of it. And that's probably probably why I get so nervous, because that first step, if it's a misstep of is not what I call an intelligence step. Then I start to question everything I do, and it takes a long time to settle down. In this process. And I want you understand that this is something that has evolved over decades. I just didn't make this all in my head instantly figure out how to do this. This process was. In large part a process of elimination. What made me nervous? Well, those elements need to be. And I'm pretty hard on myself in that they either need to be solved or disposed of. It's to me, it's that simple. I can't solve it. I dispose of it. It's just that I don't have a middle ground. And that's because I mean, I can't, for example, believe it's already August 5th. Right. It's August 5th. I mean, holy moly, where do 20, 24 go? I start getting nervous just thinking about the things I wanted to get done that I didn't get done. So then I, you know, I recess when you should console yourself. I hate that word by looking at what you did get done. And of course, I, I, I made some good strides in myself this year in my photography, but yeah, there's still a long ways to go. And there it feeds back into the nerves. So one of the last emails and I got just shy of a dozen on this topic. I sure wish somebody would tell me why this question came up anyway. It's kind of like, well, do I get so nervous that I get down and I have down days? I don't. For. I don't nervousness doesn't do that to me. Self-doubt will do that to me. And that self-doubt, if it's on a day that I have to be up and shooting, that will make me double, triple, quadruple a whole lot more nervous until things are flowing. But, yeah, it's never giving me a great day. Yeah. You know, if I. If I am vertical and moving forward, I tend not to get down. In fact, some people have criticized me because I never seem to be down. That's because I'm grateful, because I am still vertical moving forward. Every day I have that I can do that is just one more day to perhaps become better as a person, as a photographer. Now, do I have solutions to help you become less nervous? I only have one and take it for what it's worth. As like everything else, it's just advice. And it's you need to filter out what works for you and make that, you know, part of your regime and the rest of it inwards discard. But if you get nervous, the way to become less nervous is shoot more. I know it seems like you know which came first, the chicken or the egg. But the more you shoot, the less nervous you will be. The more you know your tools, the less nervous you will be. And those tools can be everything from from

flash to post-processing to your computer to your operating system, to driving a car to the meals, your health. All those things are tools that you need to count on in your arsenal that you need to have in your bag of confidence. So that's a long winded way of saying yes. Do I still get nervous? You folks have a marvelous week. Thanks so much for spending a little bit of time with me. And remember to make every click. Your story.